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You are encouraged to hold this study and discussion with your church, friends, family, and neighbors. If you would like to participate with others across the district, you are welcome to join in the district zoom class and discussion. You can invite others, who are not members of the church, to join in this discussion with the district.

**PORCH MEETINGS AT PASTOR MATT’S: TUESDAYS AT 6:00 PM (CST)**

*July 7, 14, 21, 28*

*Aug 25*

*Oct 6*

*Nov 10*

*Nov 17*

**DISTRICT ZOOM MEETINGS: WEDNSDAYS AT 5:00 PM (CST)**

*July 1, 8, 15, 22, 29*

*Aug 26*

*Oct 7*

*Nov 11*

*Nov 18*

**ZOOM LINK:**

**GUIDELINES FOR MEETINGS**

We are talking about topics that are hard for many, stretch us to new understandings, and shake up our worldview. Let us remain open and employ John Wesley’s Christian Conferencing Guidelines

1. Respect others, as Jesus would have done when he was here on earth.

2. Pray for others as well as yourself, especially those with whom you disagree.

3. Listen to others before thinking about what you want to say in response.

4. Understand what others are saying so clearly that you could accurately state their

view.

5. Share your own point of view with grace and humility, as well as honesty and

candor.

6. Focus your comments on issues being discussed, not on persons expressing them.

7. Commit yourself to the unity of the Spirit, seeking consensus whenever possible.

8. Give the time needed to work through the process in which you are engaged.

9. Acknowledge that you may be wrong, even when you think you are right.

10. Allow the fruit of the Spirit to permeate your way of interacting with others: love, joy,

peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.

*Approved by the Indiana Conference UMC May 29, 2014*

**TRACKING CHART**

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| --- | --- | --- | --- | --- | --- |
| WEEK | Read | Watch/Listen | Notice/Recognize | Engage/Act | Reflect |
| MEET 1 |  |  |  |  |  |
| MEET 2 |  |  |  |  |  |
| MEET 3 |  |  |  |  |  |
| MEET 4 |  |  |  |  |  |
| MEET 5 |  |  |  |  |  |
| **6** |  |  |  |  |  |
| **7** |  |  |  |  |  |
| **8** |  |  |  |  |  |
| MEET 9 |  |  |  |  |  |
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| **11** |  |  |  |  |  |
| **12** |  |  |  |  |  |
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| **14** |  |  |  |  |  |
| MEET 15 |  |  |  |  |  |
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| **19** |  |  |  |  |  |
| MEET 20 |  |  |  |  |  |
| MEET 21 |  |  |  |  |  |

**WEEK 1**

**PREPARATION**

**1)** In preparation for the first discussion please take the Harvard implicit bias test. <https://implicit.harvard.edu/implicit/selectatest.html>

**2)** And watch Immaculate Perception: Jerry Yang at TEDxSanDiego 2013 (14 minutes) Video: <https://www.youtube.com/watch?v=9VGbwNI6Ssk&feature=youtu.be>

If you are interested in learning more, please feel free to do that. Here are some other resources to get you started.

**Other Resources:**

Jennifer Ebehart (unconscious bias): <https://www.youtube.com/watch?v=YMX0QzHbSOU> (1 hour)

Unconscious Bias Training—$20 class <https://www.gcorr.org>

**3)** Mark that you have watched and noticed on the tracking chart.

**4)** Please write your reflections below:

**WEEK 2**

**PREPARATION**

**1)** In preparation for the first discussion please WATCH video about White Fragility: <https://www.youtube.com/watch?v=h7mzj0cVL0Q&feature=emb_share&fbclid=IwAR0G6f2J9DhI1T-xo3PhC_MUT0M26iKyHuqZKPni1U6BqrjrGIOj2P_R29o>

**2)** Take the privilege test to NOTICE/RECOGNIZE your own privilege. Remember, privilege is okay to admit but we need to be aware of it and use it to help others. <https://www.buzzfeed.com/regajha/how-privileged-are-you>

**3)** Remember to fill out your chart.

**4)** Please write your reflections below:

**WEEK 3**

**PREPARATION**

**1)** In preparation for the first discussion please watch video 13th on Netflix or YouTube. <https://www.youtube.com/watch?v=krfcq5pF8u8&fbclid=IwAR3b3pZZR6ESz9CsC2xqbIAty03-i4UTT2YG1ogwDWksyloUpfZTLSPA17Q>

**2)** Engage/Act on what you have learned. Visit <https://5calls.org/issue/justice-policing-act-booker-harris>

**3)** Remember to fill out your chart.

**4)** Please write your reflections below:

**WEEK 4**

**PREPARATION**

**1)** In preparation for the first discussion please listen to “How to be an Anti-Racist”— (1 hour podcast)

<https://brenebrown.com/podcast/brene-with-ibram-x-kendi-on-how-to-be-an-antiracist/>

Here, the author provides and introduction to some concepts within the book. He also talks about how the book pushes at both conservatives and liberals.

**2)** Review Wesley’s Christian Conferencing Guidelines. Consider how to employ them in your discussions involving politics.

**3)** Remember to fill out your chart.

**4)** Please write your reflections below:

**WEEK 5**

**PREPARATION**

**1)** In preparation for this weeks class/discussion, begin to consider what you need to confess and repent of and prepare for a time of fasting and repentance.

**2)** Check out one of the “Other Resources” listed below.

**OTHER RESOURCES:**

Oprah’s 2 part series “Where Do We Go From Here”

Part 1: <https://www.youtube.com/watch?time_continue=3&v=09ysfL2SlHo&feature=emb_logo>

Part 2: <https://www.youtube.com/watch?v=1jy6LpivqIM>

<https://www.inverse.com/article/41221-black-history-month-netflix-tv-film-television-shows>

Bryan Stevenson (criminal justice): <https://www.ted.com/talks/bryan_stevenson_we_need_to_talk_about_an_injustice?language=en>

Michelle Alexander (criminal justice): <https://www.youtube.com/watch?v=SQ6H-Mz6hgw>

Richard Rothstein (racist housing laws): <https://www.npr.org/2017/05/17/528822128/the-color-of-law-details-how-u-s-housing-policies-created-segregation>

Austin Channing Brown tv show, episode with Brene Brown: <https://vimeo.com/371303441>

Jennifer Ebehart (unconscious bias): <https://www.youtube.com/watch?v=YMX0QzHbSOU>

<https://www.gcorr.org>

<https://pulitzercenter.org/lesson-plan-grouping/1619-project-curriculum>

<https://www.pbs.org/newshour/nation/watch-live-race-matters-america-in-crisis-a-pbs-newshour-special>

<https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>

<https://kairoscenter.org/sermons-bible-studies-liturgies/>

<https://www.umcjustice.org/articles/a-charter-for-racial-justice-in-an-interdependent-global-community-136>

<https://www.umcjustice.org/who-we-are/social-principles-and-resolutions/white-privilege-in-the-united-states-3376>

<https://www.unitedmethodistwomen.org/download-resources/racial-justice-tools-for-leaders.pdf>

**3)** Remember to fill out your chart.

**4)** Please write your reflections below:

**Our meeting this week will be a prayer service.**

**We will spend time in confession and repentance.**

**WEEKS 6-21: HOW TO BE AN ANTIRACIST**

We will now begin a book study of Ibram X Kendi’s “How to be an Anti-Racist.” Instead of meeting weekly via zoom, we will be meeting approximately once per month. If you are meeting with neighbors, friends, or your church, we encourage you to continue to meet weekly for discussions.

Here is our suggested reading pattern for the next few weeks. We will discuss what we have learned in chapters 1-7 as well as how we are noticing and engaging.

Please continue to fill out your 21 week chart and be prepared to share.

**Week 6: How to be an Antiracist**

Introduction—My Racist Introduction

Chapter 1—Definitions

Reflection:

**Week 7: How to be an Antiracist**

Chapter 2—Dueling Consciousness

Chapter 3—Power

Reflection:

**Week 8:** **How to be an Antiracist**

Chapter 4—Biology

Chapter 5—Ethnicity

Reflection:

**Week 9:** **How to be an Antiracist**

Chapter 6—Body

Chapter 7—Culture

Reflection:

**Week 10: How to be an Antiracist**

Chapter 8—Behavior

Reflection:

**Week 11:** **How to be an Antiracist**

Chapter 9—Color

Reflection:

**Week 12: How to be an Antiracist**

Chapter 10—White

Reflection:

**Week 13: How to be an Antiracist**

Chapter 11—Black

Reflection:

**Week 14: How to be an Antiracist**

Chapter 12—Class

Reflection:

**Week 15: How to be an Antiracist**

Chapter 13—Space

Reflection:

**Week 16: How to be an Antiracist**

Chapter 14—Gender

Chapter 15—Sexuality

Reflection:

**Week 17: How to be an Antiracist**

Chapter 16—Failure

Reflection:

**Week 18: How to be an Antiracist**

Chapter 17—Success

Reflection:

**Week 19: How to be an Antiracist**

Chapter 18—Survival

Reflection:

**Week 20: How to be an Antiracist**

Conclusion of Book

Reflection:

**Week 21: MOVING FORWARD NOV 18 6pm**

**Reflection:**

**Start a new chart & invite others to join you!**

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